

POST ABORTION SEMINAR

12 - 13 August 2017

Venue: Clara Vaile 161 Vaile Road Newstead Hamilton

*With the number of abortions performed each year
and the ripple effect from these,
we are all likely to encounter someone for whom
abortion is a significant experience.*

It is important to know how to respond.

This seminar will equip you to assist those affected by abortion to find hope, help and healing.

*Facilitator, **Carolina Gnad** (MNZAC) is a trained nurse, counsellor, supervisor, spiritual director.
She is the founder of **P.A.T.H.S. Post Abortion Trauma Healing Service***

www.postabortionpaths.org.nz.

*Carolina offers specialised training and supervision for those working in and around pregnancy
and abortion/termination services and care or counselling.*

WHO IS IT FOR?

- Anyone with a personal interest in the subject;
- Anyone dealing with women, men and/or families in a helping or caring role;
- Professionals, e.g. counsellors, psychotherapists, psychologists, social workers, doctors, nurses
- Those in helping or caring roles in the community
- Those in helping or caring roles in the church (priests, pastors, pastoral care workers)

AIMS

- To deepen the understanding of the contexts and complexities surrounding abortion;
- To provide insights into the experience of termination of pregnancy;
- To examine post abortion issues; and
- To highlight healing after abortion.

AT THE END OF THE SEMINAR PARTICIPANTS WILL ...

- identify contexts in which abortion/termination decisions occur and common reasons for abortion/termination
- understand their own position with regards to abortion/termination and what that may mean for personal and professional relationships
- identify possible impacts of an abortion experience – physical, psychological, spiritual, social, relational
- identify risk factors for negative abortion/termination reactions
- identify role and impacts for men
- identify stages of foetal development
- have a step by step framework to use as a guide through a process towards healing or recovery

Venue: Clara Vaile 161 Vaile Road Newstead Hamilton www.claravaile.co.nz

For information and registration: Contact Dawn 0800 217 033

Email: projectrachelhamilton@gmail.com

POST ABORTION SEMINAR PROGRAMME

** Times noted here aim to provide a framework only - and may vary.*

The seminar is a shared learning experience. The facilitator recognises that every group is different. The flow of the programme may vary as the facilitator responds to the needs of the individual participants where possible.

DAY ONE: SATURDAY 12TH AUGUST 2017: FOUNDATIONS TO UNDERSTANDING

9.00 am: Welcome and introduction

9.15 am: **PART 1: CONTEXT OF ABORTION / TERMINATION in NZ**

- Abortion statistics
- Views / beliefs and implications in relationships
- Influences in abortion decision-making
- Reasons for abortion

10.30am - 10.50am: **MORNING TEA**

PART 2: POSSIBLE AFTER EFFECTS of ABORTION / TERMINATION

- Physical Complications
- Risk Factors for Negative Abortion / Termination Reactions
- Psychological Effects incl. depression & PTSD
- Associated problems
- Foetal Development

12.30 pm 1.30pm **LUNCH**

- Grief after abortion
- Themes & Conflicts
- Spiritual Considerations
- Men and Abortion – role of and impacts for men
- Introduction to 14 Guideposts; Guidepost 1

4.15 pm: Feedback - closing

4.30 pm: Finish

DAY TWO: SUNDAY 13TH AUGUST: 10 STEP PROGRAMME: HEALING AFTER ABORTION /TERMINATION

9.00 am: Welcome, recap, and Introduction

- Continuing from yesterday - Guidepost 1
- Guidepost 2: Pre-pregnancy
- Guidepost 3: The Pregnancy
- Guidepost 4: The Decision

10.30am - 10.45am: **MORNING TEA**

- Guidepost 5: The Event
- Guidepost 6: Adjustment
- Guidepost 7: Hurts

12.30 pm-- 1.30 pm: **LUNCHTIME**

- Guidepost 8: Anger
- Guidepost 9: Judgements
- Guidepost 10: Victimhood
- Guidepost 11: Guilt and shame

2.45 -3pm: **AFTERNOON TEA**

- Guidepost 12: Forgiveness
- Guidepost 13: Continuing Bonds
- Guidepost 14: Moving Forward

4.15 pm: Feedback – closing

4.30 pm: Finish